

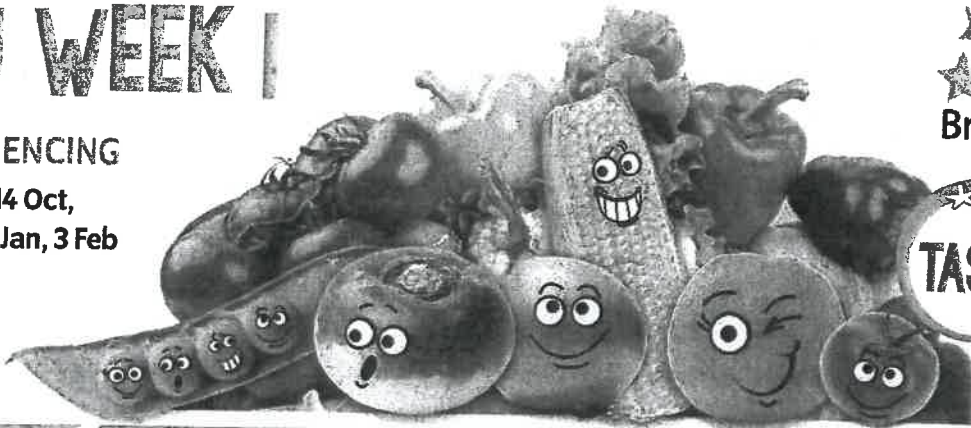


AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten



Tomato & basil pasta
with garlic slice

Soya Milk Gluten



BBQ Chicken pizza
& potato wedges **ALSO**
TOMATO+CHEESE
PIZZA

Milk Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



MSC Fish fingers
& ~~diced potatoes~~
CHIPS

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

DESSERT



Fruit yoghurt
& apple wedge

Milk

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

DESSERT



Cheese, crackers
& apple wedge

Milk Gluten

DESSERT



~~Oatmeal~~ **oatmeal** mug muffin

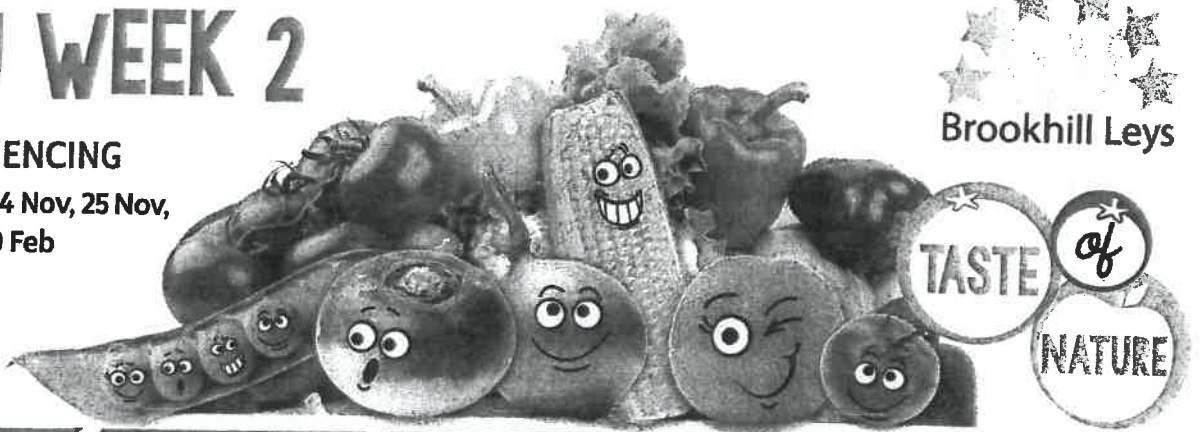
Milk Egg Gluten



AUTUMN WINTER 2019/20 MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



Brookhill Leys

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Quorn dippers & savoury rice

Milk Egg Gluten



Nottinghamshire sausage, Yorkshire pudding, gravy & mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Spaghetti bolognese & garlic slice

Soya Milk Fish Gluten



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Milk Egg Gluten



Fish goujons & potato wedges
CHIPS

Fish Gluten

OR



Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish

OR



Quorn sausage, gravy & mashed potatoes

Milk Egg Gluten

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

OR



Roast Quorn, Yorkshire pudding & gravy with mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Marble sponge & custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

DESSERT



Fruit cookie & hot chocolate

Milk Gluten

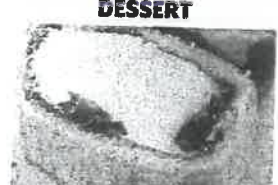
DESSERT



Fruits of the forest muffin

Egg Gluten

DESSERT



Raspberry ripple ice cream roll

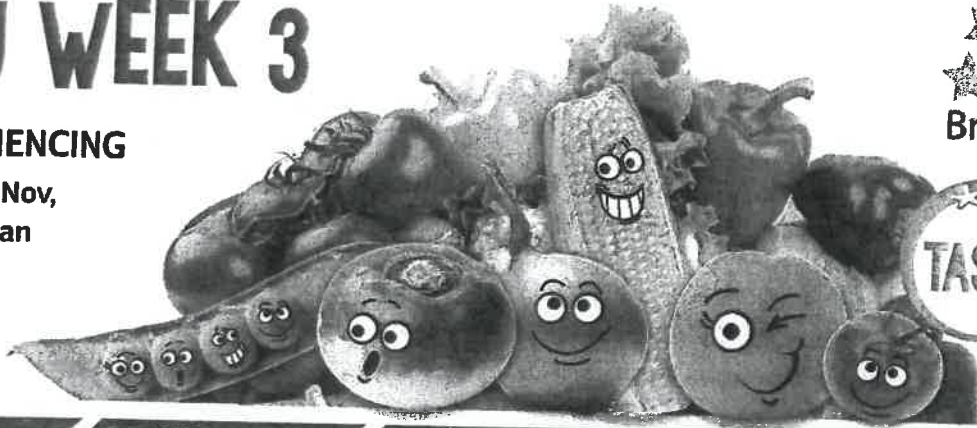
Soya Milk Egg Gluten



AUTUMN WINTER 2019/20 MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



TASTE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pasta Neopolitan
& garlic slice

Soya Milk Gluten Sulphur Dioxide



BEEF
Venison burger
in a wholemeal bun
& carrot fries

Soya Egg Gluten Sulphur Dioxide

Quorn burger in a bun
& carrot fries

Soya Milk Egg Gluten



All day breakfast wrap
& diced potatoes

Celery Milk Egg Gluten Sulphur Dioxide



Roast turkey,
stuffing & gravy with
mashed & roast potatoes

Gluten



MSC Breaded fish
& chips

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Quorn roast,
stuffing & gravy with
mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Fruit yoghurt
& apple wedge

Milk

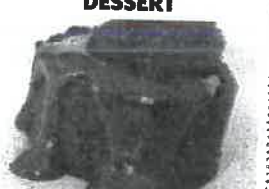
DESSERT



Butterscotch tart

Milk Gluten

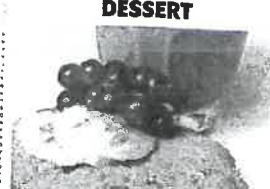
DESSERT



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten

DESSERT



Honey & oatmeal cookie
with milkshake

Milk Gluten

DESSERT



Apple & cinnamon muffin

Egg Gluten