



Sex Education Policy

Aims and objectives

The purpose of Sex and Relationships Education (SRE) at Brookhill Leys is to assist our pupils to prepare for adult life through physical, emotional and moral support. Significantly this policy places SRE firmly in the context of relationships as a whole and seeks to develop it as such.

The purpose of SRE is to provide knowledge about the processes of growth and development and human reproduction, and understanding about being a boy and being a girl, including challenging stereotypes, as well as the importance of relationships. At the same time it should lead to the acquisition of skills and attitudes which prepare children to manage their relationships in a responsible and healthy manner. It also provides a very important forum for children to discuss their own issues and ideas, clarifying issues, gaining correct information and reaching balanced views.

Teaching and information will be well planned and care will be taken when answering questions or discussing any points raised. We will ensure that we emphasise the understanding of the importance for families of stable, caring, responsible and loving relations between adults. In this way SRE can take place throughout a child's school life as it does, education in a safe and caring environment, which looks to develop positive:

- Attitudes and Values e.g. moral considerations and dilemmas, the value of family life, marriage, stable and loving relationships, the value of respect, love and care
- Personal and Social skills e.g. managing emotions and relationships, developing self respect and empathy for others, how to make choices and understanding the consequences of choices, managing conflict
- Knowledge and Understanding e.g. physical development, human sexuality, reproduction, emotions and relationships

Context

The above objectives are achieved through a whole-school approach, which ensures that the school's policy is appropriately set for the age and maturity of the pupils. This includes:

- Involving parents and carers (parents will be consulted about content of Sex and Relationship lessons before they are taught)
- Giving staff appropriate training and support
- Ensuring that pupils' views are listened to
- Ensuring that everything takes place within an equal opportunities framework, including sensitive consideration of families cultural and religious beliefs

As part of SRE children are taught about the nature and importance of marriage for family life and bringing up children. But we also recognise that there are strong and mutually supportive relationships outside marriage. Therefore, pupils learn the significance of marriage and stable relationships as key building blocks of community and society. Care is taken that there is no stigmatisation of children based on their home circumstances.

Organisation

We teach SRE through different aspects of the curriculum. Whilst we carry out the main SRE teaching in our personal, social and health education (PSHE) curriculum, we also teach some SRE through other subject areas (for example, Science and PE), where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body, and how it is changing and developing.

The Specific Teaching of SRE

As described above, SRE is taught through the Science and PSHE curriculum and in specific SRE lessons in Year 6. In science lessons, which are statutory, in both key stages, teachers inform children about puberty and how a baby is born. For this aspect of the school's teaching, we follow the guidance material in the national scheme of work for science.

In Key Stage 1 we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the differences between people and how to show respect for each other.

In Key Stage 2 we teach about life processes and the main stages of the human life cycle in greater depth. In PSHE we teach children to understand and describe their feelings and views, recognise and respect similarities and differences between people, develop positive attitudes and choices regarding health and well-being, managing different relationships between friends and family.

In Year 6 SRE lessons we teach about changes in the body at puberty and the varying time scales associated with these and what issues may cause young people anxiety and how they can deal with these. In Year 6 we teach human reproduction (i.e. how a baby is conceived and born), development of sexual feelings and relationships and sexual orientation, value of stable 'family life' (in its widest context), responsibilities of parenthood, their rights and that they should have control over who touches their bodies and to increase communication skills about these to keep them safe.

Equal Opportunities

All children have equal entitlement to a Sex and Relationships Education irrespective of race, gender, religious belief and social background, and the curriculum is delivered to the class as a whole unless there is a specific gender issue.

Outside agencies

When applicable outside agencies such as the school Nurse may be invited in. We work with the NSPCC, D.A.R.E. and Broxtowe Women's Aid to support our planned programme, through assemblies and workshops.

Governor Review date; Summer 2016